

# Call For Participants



Understanding goal setting  
and productivity



30 min(s) to complete

Sincere Gratitude

Interview

Online

Kingston University London

This study aims to understand how individual go about setting their goals and trying to achieve them. This study focuses more on personal goals, with individuals who meticulously use applications to track their progress

Find out more online

Poster printed on 03/04/2025 Study expires on 11/04/2025

More info  
by scanning the QR code  
or visiting the URL

[www.cfp.cc/1QC843](http://www.cfp.cc/1QC843)

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