

Call For Participants

The Starchy Study



14 week(s) to complete

Cash and food voucher

Experiment

Stamford St, London SE1 9NH, U

King's College London

We are interested in understanding the impacts of starch on health, with a primary focus on sleep and nocturnal glucose. To investigate this, we have set up a 14-week dietary intervention, where you will consume 1 portion of starch in your evening meal, every evening, whilst you wear some state-of-the-art equipment.

Find out more online

Poster printed on 11/03/2025 Study expires on 31/12/2024

More info

by scanning the QR code
or visiting the URL

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