

Call For Participants



How women who have experienced Eating Disorders discuss Instagram and food

60 min(s) to complete

Sincere Gratitude

Interview

London, UK

Metanoia Institute

My research aims to explore how women who have experienced an Eating Disorder discuss Instagram and its connection to their relationship with food.

Research has established that higher Instagram use is associated with declines in mental and physical health, higher levels of 'drive for thinness', poor appearance related self-perception, higher body dissatisfaction and higher disordered eating.

Emily.stubbs@metanoia.ac.uk

Find out more online

Poster printed on 06/03/2025

More info
by scanning the QR code
or visiting the URL

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