

# Call For Participants



Online Survey of Carbohydrate Understanding and Dietary Habits



20 min(s) to complete

Prize draw: 8 x £50 Amazon vouchers

Online Questionnaire

Online

University of Glasgow

Full Title 'Glasgow Longitudinal Assessment Survey of Carbohydrate Understanding and Practice (GLAS-CUP)'

This survey is gathering opinions about specific diet components, the carbohydrates, and diets including low-carbohydrate diets such as the Atkins Diet, ketogenic diet, Paleolithic diets, etc.

The survey also focuses on areas of general health, diet and lifestyle. The survey responses will help us understand how and

Find out more online

Poster printed on 08/01/2025 Study expires on 10/05/2025

## More info

by scanning the QR code or visiting the URL

# [www.cfp.cc/E3TN63](http://www.cfp.cc/E3TN63)

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