

Participants



Force-Velocity Profiling: A Reliability Study

4 hour(s) to complete

Sincere Gratitude

Reliability Trial

Loughborough, UK

Loughborough University

The purpose of this study is to examine the use of a novel single leg press machine in terms of its reliability to profile an individual's load-velocity relationship. One proposed advantage of such a machine is the potential to directly measure the velocity of the leg press movement at higher velocities due to the light mass of the leg press plate in relation to other leg press modalities.

Find out more online

Poster printed on 29/03/2025 Study expires on 31/08/2021

More info
by scanning the QR code
or visiting the URL

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