

Call For Participants



Physical Activity, Growth
Mindset & Academic
Happiness

15 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

University of Wolverhampton

The Influence of Growth Mindset on the Relationship Between Leisure Physical Activity and Academic Happiness

This study aims to investigate whether a growth mindset mediates the relationship between leisure physical activity and academic happiness while examining gender differences and the influence of sport type (team vs. individual) among non-elite athlete university students.

Find out more online

Poster printed on 10/04/2025 Study expires on 14/05/2025

More info
by scanning the QR code
or visiting the URL

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