

Call For Participants



Liverpool Night-time Caregiving Study Phase I

72 min(s) to complete

Prize draw for one of two £50
shopping vouchers

Online Questionnaire

Online

Liverpool John Moores University

Gentle touch is beneficial for most full-term healthy infants and their mothers; research has shown it improves infants' stress resilience and mothers' depression scores. However, few studies have considered mother-infant touch during the night and how it relates to their sleeping arrangements and other mother-infant outcomes. This is a longitudinal online questionnaire study with three time points: one during the third trimester and two others at three and six months postpartum.

Find out more online

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More info

by scanning the QR code
or visiting the URL

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