

# Call For Participants



## Ankle instability Exercise

2 month(s) to complete

Sincere Gratitude

Experiment

Online

Loughborough University

This study will investigate the effect of Neuromuscular Electrical Stimulation combine with running exercise on a treadmill compare with balance board exercise. I would like to invite participant who has a history of ankle sprain past 12 months and recurrent injury occurs more than 3 months before and feeling giving way, No pain, No leg fracture. The training will do for 30 minutes per day, 3 days per week for 6 weeks. Pre-test and Post-test will do before, after and following by 6 weeks.

Find out more online

Poster printed on 29/03/2025 Study expires on 16/09/2020

### More info

by scanning the QR code  
or visiting the URL

# [www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)

[www.cfp.cc/R87WW3](http://www.cfp.cc/R87WW3)