

Call For Participants



Effect of nutritional preloads
on blood sugar in Type 2
Diabetes

3 month(s) to complete

Cash

Experiment/ Nutritional
intervention

Nottingham University Hospital,
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University of Nottingham

The University of Nottingham is carrying out a study to find out whether consuming small amounts of specific nutrients before breakfast, lunch and dinner (a practice known as consumption of nutritional preloads) can lower the levels of blood sugar after each meal and during the night in people with Type 2 Diabetes. We will also determine whether those preloads can increase the feeling of fullness and reduce hunger (known as satiety). This research is being sponsored by Nestlé Health...

Find out more online

Poster printed on 24/12/2024 Study expires on 31/12/2022

More info

by scanning the QR code
or visiting the URL

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