

Call For Participants



The effects of sodium bicarbonate supplementation on resistance training

4 week(s) to complete

Sincere Gratitude

Experiment

St Helens Rd, Ormskirk, UK

Edge Hill University

The principle research questions of this study are:

1. Determine the effects of acute sodium bicarbonate ingestion on the physiological and biomechanical parameters of resistance-type exercise amongst trained female participants

2. Investigate the effects of training status to the response and effects of sodium bicarbonate on performance during resistance-type exercise amongst trained

Find out more online

Poster printed on 27/11/2024 Study expires on 31/03/2025

More info
by scanning the QR code
or visiting the URL

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